



Religious Education Congress 2017
Tom East
A Sower Went Out to Sow: A Spirituality
for Young Adults in Ministry
Session 5-12



The Parable of the Sower.¹ On another occasion he began to teach by the sea.* A very large crowd gathered around him so that he got into a boat on the sea and sat down. And the whole crowd was beside the sea on land. ²And he taught them at length in parables, and in the course of his instruction he said to them,³“Hear this! A sower went out to sow.⁴And as he sowed, some seed fell on the path, and the birds came and ate it up.⁵Other seed fell on rocky ground where it had little soil. It sprang up at once because the soil was not deep.⁶And when the sun rose, it was scorched and it withered for lack of roots.⁷Some seed fell among thorns, and the thorns grew up and choked it and it produced no grain.⁸And some seed fell on rich soil and produced fruit. It came up and grew and yielded thirty, sixty, and a hundredfold.”⁹ He added, “Whoever has ears to hear ought to hear.”

Elements of a Spirituality for Young Adults in Ministry

Sower – Call to Friendship with Christ

Seed – Call to Be Good News

Soil – Call to Prayer, to Community to Relationships

Harvest – Call to Growth

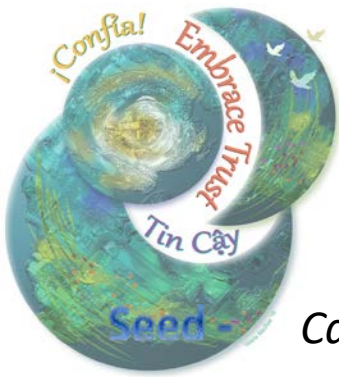


Sower, Seed and Soil



Sower - *Call to Friendship with Christ*

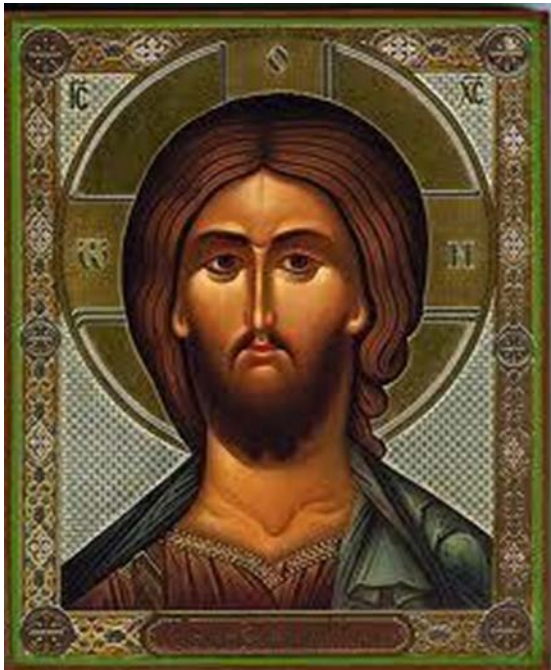
- *Who is Jesus for you?*
- *What are the important moments in your friendship with Jesus?*
- *Where and how do you encounter Jesus?*
- *Who are the people that have been the voice of Christ and the hands of Christ to you?*



Call to be Good News

- *How, when and with whom did I experience the Good News?*
- *How am I seed of God's love? How am I Good News?*
- *What are my gifts; what are my charisms?*
- *When is it easy for me to be Good News? When is it hard to be Good News?*

Seed - Call to Prayer, to Community, to Relationships



- *What feeds me?*
- *What helps me to grow?*
- *Who are my companions?*
- *Who is my community? Communities?*
- *What is taking away the nourishment?*



- *Where do I see myself in this image?*
- *Where am I being called at this time?*
- *How am I being called to grow?*
- *What is being renewed in me?*
- *What do I need?*



Sower and the Seed, Aidan Hart
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